8-Week Comprehensive SAT Study Plan (For Full Preparation)

If you have two months, follow this structured plan for gradual skill-building and test-day confidence.

Week	Focus Area	Books to Use	Tasks to Complete
Week 1-2	Basics & Concept Building	The College Board's Official SAT Study Guide, Princeton Review SAT	Master fundamental Math & English concepts. Read 5+ SAT-style reading passages daily. Take one diagnostic test to determine strengths & weaknesses.
Week 3-4	Core Skill Improvement	Kaplan SAT Prep Plus, Barron's SAT Study Guide	Solve at least 300 practice questions. Improve weak areas in Math, Writing, and Reading. Take one section-wise timed test every 2 days.
Week 5-6	Advanced Question Practice & Speed Improvement	500 SAT Questions (Princeton Review), Dr. John Chung's SAT Math	Focus on difficult question types. Master the elimination method and skimming strategy for reading comprehension. Take one full-length test per week.
Week 7	Full-Length Mock Tests & Review	Official SAT Practice Tests	Take two full-length practice tests under real exam conditions. Revise error logs and common mistakes.
Week 8	Final Prep & Confidence Boost	Your strongest & weakest books	Take one final full-length SAT test. Revise quick tips & tricks for test day. Stay relaxed & get proper rest before the exam.