

Describe an energetic person that you know IELTS cue card

You should say:

Who is this person?

How do you know this person?

Why do you think this person is energetic?

And explain how you feel about this person ?

Describe an energetic person that you know Model answer 1

Introduction

- Well, people who have a “go get it anyhow” attitude are energetic as they are always ready for actions as well as for new adventures in their life.
- Today, I am going to talk about a person whom I find very energetic.

Who is this person?

- The name of this person is Aashna.

How do you know this person?

- She is my neighborhood friend and my yoga instructor too.
- We have known each other for 5 years as I have shifted to Vadodara from Surat.
- At that time, she was really helpful to me because this place was new for me, and I am not at all aware of any shops or anything else.

Why do you think this person is energetic?

- Aashna is a doctor as well as a yoga instructor.
- She has a family of 5 members which includes her mother-in-law, father-in-law, her husband, her daughter, and herself.
- All the members except her mother-in-law are working.
- So, she used to wake up at 5 AM, and complete all her household chores, till 7 AM.
- From 7 AM to 9 AM she had a yoga batch.
- After that, she leaves her daughter on the school bus and leaves for her hospital.
- She comes back at 6 PM.
- Apart from taking rest, she used to make dinner for everyone.
- After completing the dinner, she used to teach her daughter for almost an hour.
- Afterward, she used to spend some time with her family.
- And finally, by 10:30 PM, she took her daughter to bed.

And explain how you feel about this person.

- I always feel motivated looking at Aashna.
- She is calm, hardworking, and equally respectful towards her elders.
- I am very much inspired by her and always trying to follow in her footsteps.

Conclusion

- From the aforementioned points, I believe that one should always be energetic to make the routine as well as to make work productive.

Describe an energetic person that you know Model answer 2

Introduction

- Well, I have seen many energetic people around me.
- But today, I would like to talk about the one whom I found much zestful and enthusiastic among all I have seen.

Who is this person?

- The most active and exciting spirit from whom I used to inspire a lot is none other than my mother.

Why do you think this person is energetic?

- My mother is a teacher.
- She used to wake up at 6 AM, and complete her yoga practice by 7:45 AM.
- After that, apart from taking rest, she starts doing household chores and also makes breakfast for us.
- Then she used to leave for her work at 9:30 AM.
- She comes back at 5:30 PM.
- Afterward, she prepares dinner.
- We all spent quality time post dinner and till before going to bed.
- She never used to complain about anything.

And explain how you feel about this person.

- Seeing her like this, I always feel inspired and happy as she used to do everything for us without any complaint.
- She is my best friend too.
- She always used to listen to me, understand me, and correct me whenever I am wrong.
- I always like to spend time and learn things from her.

Conclusion

- I always want to be like her, I mean enthusiastic, calm, and positive.
- Her energy and spirit acts as a catalyst for me to achieve my dreams.
- It is important to be energetic to achieve things that we want in our life.

Describe an energetic person that you know Model answer 3

Introduction

- Usually, energetic people are proactive and bold in problem-solving.
- They just look simple but are physically strong and mentally sharp. Also, they are calm and enthusiastic.

Who is this person?

- Here, I would like to talk about my friend Shrishti.

How do you know this person?

- We are childhood friends.
- We were in the same school and are neighbors for the last 6 years.

Why do you think this person is energetic?

- In the beginning, I didn't know much about her as we used to meet each other in school only.
- But when she was shifted to my neighborhood, I got to know her properly.
- What I meant to say is about her routine and other things.
- Every day, she does aerobics and eats only home-cooked food.
- She simply relies on staple food.
- What's more, she takes a diet full of fiber which helps her to stay fit and maintain her body.
- She too advises me to do the same.
- However, I can't follow her strict diet as I am a foodie and love to eat street food.

And explain how you feel about this person.

- But seeing her, I also started doing exercise.
- We both used to go jogging.
- We have been doing this for the last 5 years and that's the reason I am healthy and fit.
- I am really grateful to her for this as she has always inspired me.

Conclusion

- Being energetic is a quality in oneself.
- It also mentally prepares us to tackle problems in our life.