

Parents should encourage children to spend less time studying and more time doing physical activities. To what extent do you agree or disagree?

Give reasons for your answer and include any relevant examples from your knowledge or experience.

You should write at least 250 words.

Parents should encourage physical activity - Band 8 IELTS model essay

Today, youngsters are concealed with a lot of stress about academics and having a good physical condition. Many believe that parents should urge their children to dedicate less time to studying and more time to physical activity. It is satisfactory, in my opinion, for students to spend more time and energy on academics.

To begin with, there are several advantages to students if they prioritise education. Students who pursue academia as a career are more likely to land a high-paying job. Moreover, people who work in occupations that involve a lot of mental effort are also less likely to be influenced by rare events. While employees have the freedom to work from any location and communicate via media, employers have the freedom to work from anywhere and communicate via media. Ultimately, fostering a love of learning in young people will help them succeed in the long run.

On the other hand, students who participate in athletics face a number of disadvantages. Students will spend less time on academics if they are encouraged to participate in sports. That's why children are more likely to get poor scores in school if they don't put in enough effort to improve their study abilities. The ability to concentrate on academics and sports will be compromised for students who have poor physical health. For example, children with asthma who are forced to participate in sporting activities by their parents will do less well than their peers.

In conclusion, when it comes to preparing their children for the future, parents should encourage them to maintain a healthy balance between time spent studying and time spent indulging in physical activity.

(273 words)

Parents should encourage physical activity - Band 7.5 IELTS model essay (h2)

In the modern era, some individuals feel that admission to prestigious colleges is crucial to achieving success. While others believe that physical activity is essential for maintaining health as it plays a vital role in the lives of humans. In my opinion, parents should encourage their children to participate in physical activities.

Firstly, parents should promote children to develop interpersonal skills by indulging more in sporting activities. As they might acquire numerous skills such as discipline, communication, and teamwork. For instance, a hockey team consists of six players. Everyone is conscious of their unique responsibilities there. People can learn how to play with teamwork and maintain composure in any situation. Additionally, it will aid in expanding their friend circle. Consequently, it is always essential for people to prioritise exercise.

Following this, there are numerous benefits of physical exercise. Hence, parents should motivate their children to devote more time to physical activity because children who spend more time exercising are always healthy and never survive any health problems. For instance, it is common sense that education is essential for students. However, if students engage in sports, they would not encounter any medical complications. In addition, it is impossible for a person with a fever to take an examination. Hence, students need to exercise in order to remain fit.

To conclude, I believe that through physical activity children constantly learn to cooperate and socialise more throughout their lives and they always live healthily, and robustly. Therefore, parents should motivate their children to focus more on physical strength activities along with focusing on academic studies.

(262 words)

Parents should encourage physical activity - Band 7 IELTS model essay

To live a thriving life both academic and physical exercise plays a crucial role. Therefore, parents should consider both the elements and motivate children accordingly. However, I believe parents should be inclined towards physical exercise as it has numerous merits for children.

To begin with, participating in sports activities not only breaks the monotony of a child's life but also keeps them physically and mentally fit as these days children have the extra burden of heavy study loads as well as different types of diseases of content with due to their sedentary lifestyles. Secondly, they would have the opportunity to get along with people when involved in team sports so that they can learn a lot of skills at that time like co-operation competitiveness and are beneficial for children future.

However, I believe that education is also important for children because they will be less likely to achieve high-profile jobs without having scored good grades at college. Nowadays, every field is extremely competitive which can only be cracked by studying hard. Apart from this, to learn the traditions, cultures and languages of different nations to survive globally education is significant. That is because every country has its own culture and traditions. Hence to gain knowledge it is mandatory to learn the respective language. For instance, languages such as Hindi and English would be necessary to learn the culture and tradition of India.

In conclusion, I think education and sports play equal roles in a child's life as in this modern era due to tremendous stress physical activity is important to relax while education still plays an important role in achieving success.

(271 words)

Parents should encourage physical activity - Band 6.5 IELTS model essay (h2)

In life education and sports play an important role. However, some parents argued that parents should urge their children to engage for more physical activity rather than studying academic subjects. I completely agree with these notion and the reasons for my opinion will be illustrated in the forthcoming paragraph with relevant illustrations.

To begin with, to achieve anything you must remain healthy. To emphasize, physical activity provides more opportunities in individuals to become strong. As a result, it allows students study more and enhances children's health. Even if a student has an excellent academic performance in daily life, his grade will be affected if he suffers from several health conditions. Therefore, it is essential to maintain physical fitness to perform better in all situations.

In addition, playing more games may inspire an interest in there communication skills and improve their social circle, as the majority of games include teamwork. To explain, when youths have the chance to play with other team members, they have a

greater chance to interact with a different personality. For instance, a game of hockey requires six players. Teammates must develop positive relationships with one another, which leads to a greater understanding of each individual's activities and interests. Therefore, it is essential to devote more time to physical activities to become involved in the world.

In conclusion, I believe that parents should encourage their children to devote more time to outdoor activities than to academics, as the fact that physical activity keeps the human body fit and provides opportunities to interact with others.