

Popular hobbies and interests change over time and are more a reflection of trends and fashions than an indication of what individuals really want to do in their spare time. To what extent do you agree or disagree?

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

You should write at least 250 words.

Popular hobbies and interests change over time -Band 8 IELTS model essay

Recreational activities are essential to human life. Although how we choose to spend our spare time is a matter of personal preference, there have been heated debates about whether popular pursuits are trendy or pursued for personal reasons. I totally agree with the assertion that our pastimes are more reflective of our shifting fashions than of our real interests.

Advocates of the notion that the most current trend or fashion signifies a popular activity may argue that it is more open to influence in this day of globalization. Children and teenagers, in particular, are vulnerable to whatever hobbies are popular among their peers. Another aspect is that the majority of individuals pursue hobbies to make friends rather than out of true desire. If you cannot even find a local community for your specific passion, loneliness and half-measures are likely to result. In order to establish new contacts, we can thus pretend to love a popular hobby.

Moreover, a number of popular activities might foster a sense of achievement. Despite the fact that some people may not partake in these activities, posting on social media may provide them with a feeling of success. As opposed to choosing activities in their area of expertise, the majority of people run marathons and post their exploits on social media because it gives them a feeling of accomplishment.

In conclusion, I contend that these popular rituals are more of a reflection of that period than a true desire on our part, as they provide emotional satisfaction.

Popular hobbies and interests change over time - Band 7.5 IELTS model essay

It is true that people's hobbies and interests fluctuate with the current fads and trends. They pursue these pastimes and interests for the sake of popularity, not their own enjoyment. I agree with the assertions to a certain extent, yet there are certain new hobbies that individuals pick up because they enjoy the activity.

On the one hand, many individuals alter their pastimes for reasons of popularity. People engage in popular activities to demonstrate that they exist and are aware of the most recent trends. But in fact, they lack the motivation to do so. For instance, mountain biking has recently become a popular hobby in Indonesia, with many individuals participating. Some of them engage in mountain biking because they enjoy the activity, while others do it to demonstrate that they are on-trend and have the most recent model of bicycle.

On the other hand, there are certain individuals who change their interests and hobbies because they enjoy these new activities. These new pastimes may be the newest craze, but these individuals are always changing their interests since they have such a strong enthusiasm for these pursuits. Aside from that, it is possible that these pastimes are new inventions, hence no one engaged in them in the past.

In conclusion, it is a truth that individuals' hobbies and interests can fluctuate. To a certain extent, I feel that hobbies are a question of personal preference and that we should not follow what is fashionable but instead pursue activities that we enjoy.

Popular hobbies and interests change over time - Band 7 IELTS model essay

The development of technology has had an impact on everyone's lifestyle in the modern day. Many individuals think that people alter their interests and hobbies throughout time because they wish to live their lives in accordance with their perceptions. I wholeheartedly concur with this remark, and this article will support my position.

First and foremost, the majority of people are drawn to technology because it is advancing. As a result, people are using electronic goods more frequently. Children used to enjoy playing board games, collecting coins or stamps, hide-and-seek, tyre racing, and other indoor and outdoor games in the past. Through the employment of their physical prowess in these activities, their bodies grew stronger. As a result, they were in excellent health. Second, a large number of netizens are moving abroad for employment or school

as a result of the increased globalization in today's globe. As a result, kids began to imitate their peers' culture, interests, and fashions.

On the other hand, there are other individuals who are maintaining the hobbies that they have always enjoyed, such as cycling, jogging, swimming, and a variety of other activities. They still make time these days to enjoy their favorite pastimes. Therefore, those in this category are not affected.

To sum up, it is wise to follow Roman customs when visiting Rome. Therefore, both globalization and contemporary technology are to blame for the shift in human interests and hobbies. When people travel, they pick up the customs and cultures of other places.

Popular hobbies and interests change over time- Band 6.5 IELTS model essay

Everyone's lifestyle in the modern era has been impacted by the advancement of technology. Many believe that people change their interests and pastimes over time because they want to lead lives that reflect their perceptions. This statement is one I wholeheartedly agree with, and this article will help me to prove it.

Most people are attracted to technology because it is developing, first and foremost. People are now using electronic products more frequently as a result. Board games, coin or stamp collecting, hide-and-seek, tire racing, and other indoor and outdoor games used to be enjoyed by kids. Their bodies got stronger as a result of using their physical prowess in these activities. They were, therefore, in perfect health. Second, as a result of the increased globalization in today's world, many netizens are relocating abroad for work or school. Kids consequently started to copy the culture, interests, and fashions of their peers.

On the other hand, other people continue to engage in the pastimes that they have always loved, including swimming, cycling, and a number of different activities. They still find time to indulge in their favorite pastimes today. As a result, those who fall into this category are unaffected.

In conclusion, it is true that people's interests and hobbies can change over time. To a certain extent, I believe that hobbies are a matter of personal preference and that we should pursue activities that we enjoy rather than what is in style.